

# Patient Services

## VENI-PUNCTURE SERVICE

We are pleased to be able to provide blood work service at our Campbellford site. We have two fully trained phlebotomists who work Monday to Thursday, 8:00 a.m. to 1:00 p.m.

LifeLabs picks up the samples from our office daily and results are downloaded directly into your Electronic Medical Record by your family physician or nurse practitioner.

Our blood work lab is located on the second floor at 119 Isabella Street. Please check in for your blood work appointment with the reception.

An appointment is required for all blood work. You can call in to book an appointment or book in person at your doctor's reception.

Early morning appointments are reserved for those requiring fasting blood work.

Some appointments may need to be booked with the nursing staff if an appointment is required outside of the blood lab hours.

## INSTRUCTIONS FOR FASTING BLOOD WORK:

You will be advised if your blood work requires fasting. You will be booked for an early morning appointment.

**Routine Fasting:** 12 hours

**Diabetic Fasting:** 10 hours

- **NOTHING TO EAT OR DRINK.**
- No gum, mints, candies, etc.
- Sips of water ONLY.
- Take medications as usual, unless directed otherwise.